

# SUPPORTING SOCIAL EMOTIONAL LITERACY AND DEVELOPMENT

Social Emotional Development is a child's ability to understand the feelings of others, control their own feelings and behaviors, and get along with peers. In order for children to gain these abilities, they need adults to provide instruction, support, and a trusting environment. This workshop will take a look at the importance of social emotional development and provide practical, hands-on solutions that can be downloaded for free and used in the classroom. Utilizing the strategies in this workshop has been shown to reduce challenging behavior and increase school readiness!



**Please contact the Mid- State ECDC to schedule a workshop for your program or group.**  
**PHONE: 315- 443- 4444 or 1-800- 962- 5488**  
**EMAIL: [ecdc@syr.edu](mailto:ecdc@syr.edu)**  
**WEBSITE: <http://ecdc.syr.edu>**